

Calendar 2015

January

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

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March

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April

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May

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June

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July

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August

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September

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October

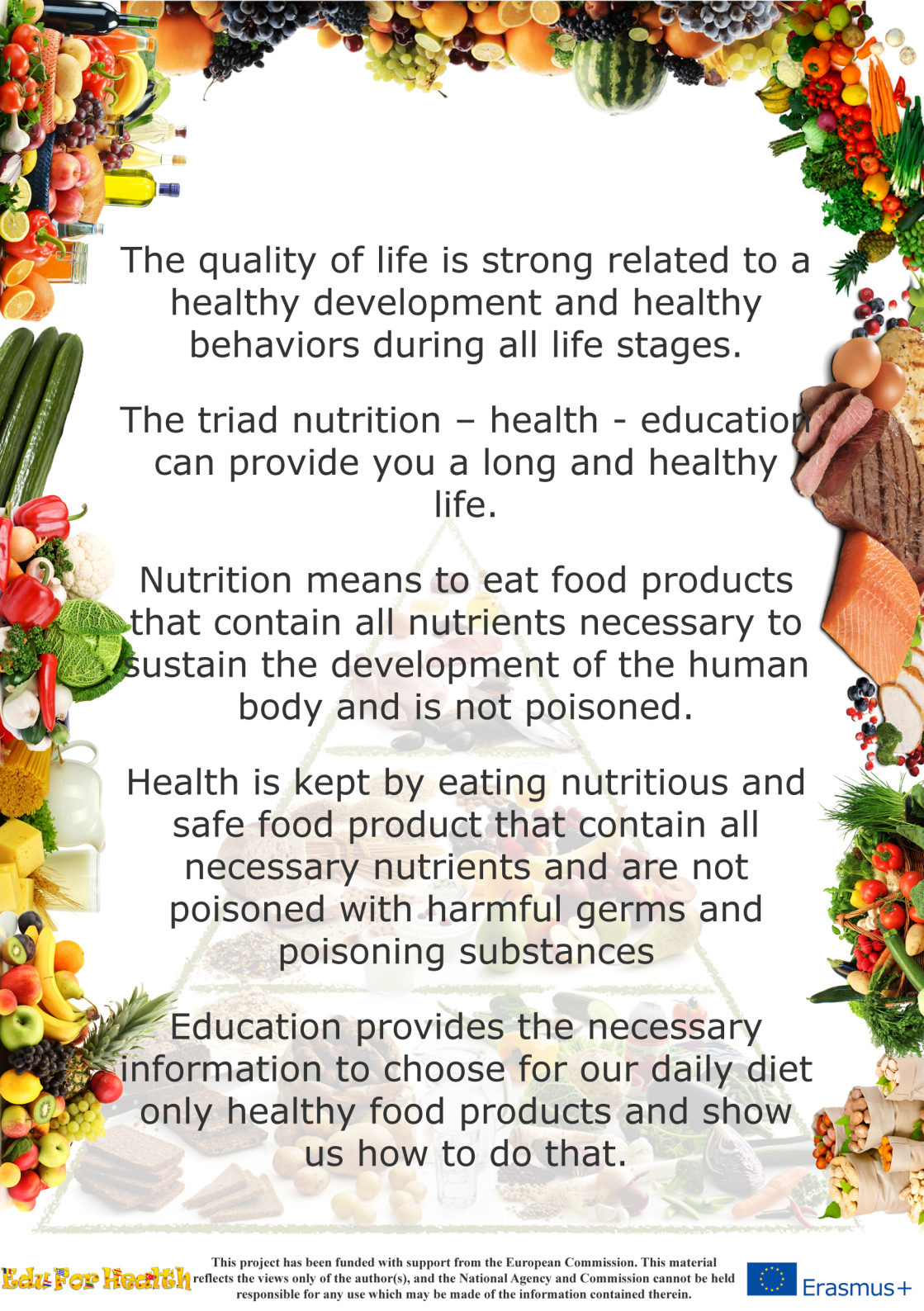
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November

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December

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The quality of life is strongly related to a healthy development and healthy behaviors during all life stages.

The triad nutrition – health - education can provide you a long and healthy life.

Nutrition means to eat food products that contain all nutrients necessary to sustain the development of the human body and is not poisoned.

Health is kept by eating nutritious and safe food products that contain all necessary nutrients and are not poisoned with harmful germs and poisoning substances.

Education provides the necessary information to choose for our daily diet only healthy food products and show us how to do that.